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Instructions for use SEROTONIN high sensitive ELISA









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1. Intended use and principle of the test

Ultra-sensitive enzyme immunoassay for the quantitative determination of Serotonin. Flexible test system for various biological sample types and volumes.

Serotonin is acylated and detected by the subsequent competitive ELISA kit, which uses the microtiter plate format. The antigen is bound to the solid phase of the microtiter plate. The acylated standards, controls and samples compete with the solid phase bound analytes for a fixed number of antibody binding sites. After the system is in equilibrium, free antigen and free antigen-antibody complexes are removed by washing. The antibody bound to the solid phase is detected by an anti-rabbit IgG-peroxidase conjugate using TMB as a substrate resulting in a colour reaction. The reaction is monitored at a wavelength of 450 nm.

Quantification of unknown samples is achieved by comparing their absorbance with a reference curve prepared with known standard concentrations.

2. Procedural cautions, quidelines and warnings

- (1) This kit is intended for professional use only. Users should have a thorough understanding of this protocol for the successful use of this kit. Only the test instruction provided with the kit is valid and must be used to run the assay. Reliable performance will only be attained by strict and careful adherence to the instructions provided.
- (2) The principles of Good Laboratory Practice (GLP) must be followed.
- (3) In order to reduce exposure to potentially harmful substances, wear lab coats, disposable protective gloves and protective glasses where necessary.
- (4) All kit reagents and specimens should be brought to room temperature and mixed gently but thoroughly before use. For dilution or reconstitution purposes, use deionized, distilled, or ultra-pure water. Avoid repeated freezing and thawing of reagents and specimens.
- (5) The microplate contains snap-off strips. Unused wells must be stored at 2 8 °C in the sealed foil pouch with desiccant and used in the frame provided. Microtiter strips which are removed from the frame for usage should be marked accordingly to avoid any mix-up.
- (6) Duplicate determination of sample is highly recommended.
- (7) Once the test has been started, all steps should be completed without interruption. Make sure that the required reagents, materials, and devices are prepared for use at the appropriate time.
- (8) Incubation times do influence the results. All wells should be handled in the same order and time intervals.
- (9) To avoid cross-contamination of reagents, use new disposable pipette tips for dispensing each reagent, sample, standard and control.
- (10) A standard curve must be established for each run.
- (11) The controls should be included in each run and fall within established confidence limits. The confidence limits are listed in the QC-Report provided with the kit.
- (12) Do not mix kit components with different lot numbers within a test and do not use reagents beyond expiry date as shown on the kit labels.
- (13) For information about hazardous substances included in the kit please refer to Safety Data Sheet (SDS). The Safety Data Sheet for this product is made available directly on the website of the manufacturer or upon request.
- (14) Kit reagents must be regarded as hazardous waste and disposed of according to national regulations.
- (15) In case of any severe damage to the test kit or components, the manufacturer has to be informed in writing, at the latest, one week after receiving the kit. Severely damaged single components must not be used for a test run. They must be stored properly until the manufacturer decides what to do with them. If it is decided that they are no longer suitable for measurements, they must be disposed of in accordance with national regulations.

3. Storage and stability

Store kit and reagents at 2-8 °C until expiration date. Do not use kit and components beyond the expiry date indicated on the kit labels. Once opened, the reagents are stable for 2 months when stored at 2-8 °C. Once the resealable pouch of the ELISA plate has been opened, care should be taken to close it tightly again including the desiccant.

4. Materials

4.1 Contents of the kit

BA D-0090	FOILS	Adhesive Foil – ready to use		
Content:	Adhesive foils in a reseala	ble pouch		
Number:	1 x 4 foils			
BA E-0030	WASH-CONC 50x	Vash Buffer Concentrate – concentrated 50x		
Content:	Buffer with a non-ionic det	tergent and physiological pH		
Volume:	1 x 20 ml/vial, purple cap			

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CONJUGATE **BA E-0040** Enzyme Conjugate - ready to use

Content: Goat anti-rabbit immunoglobulins conjugated with peroxidase

Volume: 1 x 12 ml/vial, red cap

Description: Species is goat

Hazard

pictograms:

GHS07

Signal word: Warning

Hazardous

ingredients:

2-methyl-2H-isothiazol-3-one

Hazard statements: H317 May cause an allergic skin reaction.

Precautionary P280 Wear protective gloves.

statements: P302+P352 IF ON SKIN: Wash with plenty of water.

> P333+P313 If skin irritation or rash occurs: Get medical advice/attention. P501 Dispose of contents/container to an authorised waste collection point.

BA E-0055 SUBSTRATE Substrate - ready to use

Content: Chromogenic substrate containing 3,3',5,5'-tetramethylbenzidine, substrate buffer and

hydrogen peroxide

Volume: 1 x 12 ml/vial, black cap

BA E-0080 STOP-SOLN Stop Solution – ready to use

Content: 0.25 M sulfuric acid Volume: 1 x 12 ml/vial, grey cap

Ш SER 5-HIAA **BA E-0931** Serotonin Microtiter Strips - ready to use

Content: 1 x 96 wells (12x8) antigen precoated microwell plate in a resealable pouch with desiccant

BA E-5910 SER-AS Serotonin Antiserum - ready to use

Content: Rabbit anti-serotonin antibody, blue coloured

Volume: 1 x 3 ml/vial, blue cap Description: Species is rabbit

ACYL-BUFF BA E-5911 Acylation Buffer - ready to use

Content: TRIS buffer with non-mercury preservative

Volume: 1 x 4 ml/vial, yellow cap

BA E-5934 ACYL-PLATE Acylation Plate - ready to use

Content: 1 x 96 well plate, pre-coated with acylation reagent

BA E-5937 STABILIZER Stabilizer - ready to use

Content: Stabilizing agent, 10% solution

Volume: 1 x 4 ml/vial, purple cap

BA E-5941 DIL-CONC 20x **Dilution Concentrate** – concentrated 20x

Content: TRIS buffer with 1% stabilizing agent and a non-mercury preservative

Volume: 1 x 50 ml/vial, white cap

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4.2 Calibration and Controls

Standards and Controls - concentrated*1

	Component	Colour/	Concentration after dilution				Volume /
Cat. no.		Colour/	ng/ml	nmol/l	pg/sample vol.	pmol/sample vol.	Volume/ Vial
BA R-8901	STANDARD A	white	0	0	0	0	4 ml
BA R-8902	STANDARD B	yellow	0.015	0.085	1.5	8.5	4 ml
BA R-8903	STANDARD C	orange	0.05	0.28	5	28.4	4 ml
BA R-8904	STANDARD D	blue	0.15	0.85	15	85	4 ml
BA R-8905	STANDARD E	grey	0.5	2.8	50	284	4 ml
BA R-8906	STANDARD F	black	2.5	14	250	1,418	4 ml
BA R-8951	CONTROL 1	green	Refer to C	C-Report f	or expected valu	e and acceptable	4 ml
BA R-8952	CONTROL 2	red	range.				4 ml

Conversion: serotonin $[ng/ml] \times 5.67 = serotonin [nmol/l]$

serotonin [pg/sample volume] x 5.67 = serotonin [pmol/sample volume]

Content: TRIS buffer with non-mercury preservative, spiked with defined quantity of serotonin

*1 Standards and controls have to be diluted 1+1000 prior to use (please see chapter 6.1 for further information). The shown concentrations apply to diluted standards and controls (1+1000) when 100 µl of undiluted sample is used. Please refer to chapter 7 for the use of a correction factor in case of using diluted samples and/or less sample volume.

4.3 Additional materials required but not provided in the kit

- Water (deionized, distilled, or ultra-pure)
- Absorbent material (paper towel)

4.4 Additional equipment required but not provided in the kit

- Calibrated precision pipettes to dispense volumes between 1 100 µl; 10 ml
- Microtiter plate washing device (manual, semi-automated or automated)
- ELISA reader capable of reading absorbance at 450 nm and if possible 620 650 nm
- Microtiter plate shaker (shaking amplitude 3 mm; approx. 600 rpm)
- Vortex mixer

5. Sample collection and storage

In general, this assay is dedicated for any biological sample such as serum, urine, platelets, platelet-poor plasma, tissue homogenates, dialysates, and other samples.

Storage: up to 6 hours at 2 – 8 °C, for longer periods (up to 6 months) at -20 °C. Avoid exposure to direct sunlight.

Serum

Collect blood by venipuncture, allow to clot, and separate serum by centrifugation according to manufacturer's instructions at room temperature. Do not centrifuge before complete clotting has occurred. Patients receiving anticoagulant therapy may require increased clotting time.

Hemolytic and especially lipemic samples should not be used for the assay.

Urine

Spontaneous or 24-hour urine, collected in a bottle containing 10 – 15 ml of 6 M HCl, should be used. Determine the total volume of urine excreted during a period of 24 h for calculation of the results.

Platelets

More than 98 percent of the circulating serotonin is located in the platelets and is released during blood clotting. Blood must be collected according to manufacturer's instructions by venipuncture in plastic tubes containing EDTA or citrate as anticoagulant.

To obtain platelet-rich plasma (PRP) the samples are centrifuged for 10 minutes at room temperature (200 \times g). Transfer the supernatant to another tube and count the platelets.

The platelet pellet is obtained by adding 800 μ l of physiological saline to 200 μ l of PRP (containing between 350,000 – 500,000 platelets/ μ l) and centrifugation (4,500 x g, 10 minutes at 4 °C). The supernatant is then discarded. 200 μ l of water (deionized, distilled, or ultra-pure) is added to the pellet and mixed thoroughly on a vortex mixer. This suspension can be stored frozen for several weeks at < -20 °C.

After thawing of the frozen samples, centrifuge at 10,000 x g for 2 minutes at room temperature.

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To protect Serotonin against oxidative degradation the samples should contain 1% Stabilizer REF BA E-5937.

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6. Test procedure

Allow all reagents and samples to reach room temperature and mix thoroughly by gentle inversion before use. Number the microwell plates (Microtiter Strips which are removed from the frame for usage should be marked accordingly to avoid any mix-up). Duplicate determinations are recommended.

The binding of the antisera and of the enzyme conjugate and the activity of the enzyme are temperature dependent. The higher the temperature, the higher the absorption values will be. Varying incubation times will have similar influences on the absorbance. The optimal temperature during the enzyme immunoassay is between 20 – 25 °C.

6.1 Sample preparation

The SEROTONIN high sensitive ELISA is a flexible high sensitive test system for various biological sample types and sizes. It is not possible to give a general advice how to prepare the samples. However, the following basics should help the researcher to fit the protocol to his specific needs.

- Using poorly diluted or undiluted samples might lead to incorrect results due to a matrix effect. Therefore, it is advisable to perform a linearity experiment prior to the test. Make different dilutions of a sample with the included diluent (e. g. 1:1, 1:4, 1:10, 1:20 and so on), spike each dilution with the same known concentration and check the recovery. If the samples are found consistently correct and no matrix effect is detected, samples can be used undiluted.
- If a matrix effect is detected, samples should be diluted with the included diluent prior to the test. It is also possible to dilute the standards with the sample matrix instead of diluent, in order to create the same matrix conditions for standards and samples. Currently the following buffers/solvents are evaluated for use: Ringer Buffer, PBS and 0.9% NaCl. If another substance is used, please check the compatibility by a Proof of Principle prior to the measurement. Prepare a stock solution of serotonin or use Standard F. Add small amounts (to change the native sample matrix as little as possible) of the stock solution or Standard F to the sample matrix and check the recovery. Please take the correction factor into account (see chapter 7).
- If the expected sample concentrations are higher than the standard range (see chapter 4.1) samples should be diluted accordingly with the included diluent. Please take the correction factor into account (see chapter 7).
- The measuring range and sensitivity of this test are defined by the correction factor, which is calculated by sample volume and dilution (see chapter 7). If the expected concentrations are unknown, please test different dilutions and amounts of sample volume, to make sure that the samples will fall into the measuring range of this assay.
- Serotonin decomposes fast in acidic solution (< pH 3) and at higher temperatures.
- When acidic sample solutions are used, protect serotonin by keeping the temperature low $(2 8 \, ^{\circ}\text{C})$. Use pre-cooled buffers and materials. Adjust the pH to (6 7.4) as soon as possible.
- A pH 7 8.5 during acylation (see step 6.3.4) is mandatory.
- To protect serotonin against oxidative degradation, add Stabilizer REF BA E-5937 (refer to chapter 5).

If you need any support in establishing a protocol for your specific purposes, do not hesitate to contact the manufacturer directly!

6.2 Preparation of reagents

Diluent

Dilute the 50 ml Dilution Concentrate **DIL-CONC 20x** with water to a final volume of 1000 ml.

The Diluent (Diluted Dilution Concentrate) contains 1% Stabilizer REF BA E-5937.

riangleThe Diluent has to be prepared freshly prior to the assay. Discard after use!

Wash Buffer

Dilute the 20 ml Wash Buffer Concentrate WASH-CONC 50X with water to a final volume of 1000 ml.

Storage: 2 months at 2 - 8 °C

Standards and Controls

The Standards and Controls have to be diluted <u>freshly</u> 1 + 1000 with Diluent or buffer*² (refer to 6.1), for example: $10 \, \mu$ I Standard + $10 \, \text{ml}$ Diluent or buffer*².

*2 The buffer used for the respective experiment, enriched with 1% Stabilizer REF BA E-5937.

Serotonin Microtiter Strips

In rare cases residues of the blocking and stabilizing reagent can be seen in the wells as small, white dots or lines. These residues do not influence the quality of the product.

6.3 Acylation

- 1. Pipette 100 μ I of diluted standards, diluted controls, and 1 100 μ I of samples into the respective wells of the $\boxed{\text{ACYL-PLATE}}^{*3}$.
- 2. Add **Diluent** or buffer*2 (refer to 6.1) to the wells containing the samples to a **final volume** of **100 \mul**.
- 3. Add 25 µl ACYL-BUFF to all wells.
- **4.** Acylate for **30 min** at **RT** $(20 25 \, ^{\circ}\text{C})$ on a **shaker** (approx. 600 rpm).
- \bigwedge 100 μ l of the acylated standards, controls and samples are needed for the subsequent ELISA.

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^{*3} The wells of the Acylation Plate are covered by plastic bars which have to be removed prior to use.

6.4 Serotonin ELISA

- 1. Pipette 100 μI of the acylated standards, controls and samples into the appropriate wells of the Serotonin 5-HIAA Microtiter Strips Δ SER 5-HIAA.
- 2. Pipette 25 μ I of the **SER-AS** into all wells.
- 3. Cover plate with FOILS and incubate for 15 20 h at 2 8 °C.
- 4. Remove the foil. Discard or aspirate the content of the wells. Wash the plate 3 x by adding 300 µl of Wash Buffer, discarding the content and blotting dry each time by tapping the inverted plate on absorbent material.
- **5.** Pipette **100** μ I of the **CONJUGATE** into all wells.
- 6. Incubate for 30 min at RT (20 25 °C) on a shaker (approx. 600 rpm).
- 7. Discard or aspirate the content of the wells. Wash the plate 3 x by adding 300 µl of Wash Buffer, discarding the content and blotting dry each time by tapping the inverted plate on absorbent material.
- 8. Pipette 100 μl of the **SUBSTRATE** into all wells and incubate for 20 30 min at RT (20 25 °C) on a shaker (approx. 600 rpm).
- Avoid exposure to direct sunlight!
- 9. Add 100 µl of the STOP-SOLN to all wells and shake the microtiter plate shortly.
- **10. Read** the absorbance of the solution in the wells within 10 minutes, using a microplate reader set to **450 nm** (if available a reference wavelength between 620 nm and 650 nm is recommended).

7. Calculation of results

The standard curve, which can be used to determine the concentration of the unknown samples, is obtained by plotting the absorbance readings (calculate the mean absorbance) of the standards (linear, y-axis) against the corresponding standard concentrations (logarithmic, x-axis). Use non-linear regression for curve fitting (e. g. 4-parameter, marquardt).

This assay is a competitive assay. This means: the OD-values are decreasing with increasing concentrations of the analyte. OD-values found below the standard curve correspond to high concentrations of the analyte in the sample and have to be reported as being positive.

The concentrations of the samples taken from the standard curve have to be multiplied by a correction factor:

100 μl (volume of standards)
Correction factor = sample volume (μl)

Three different examples are shown to illustrate the calculation of possible correction factors:

Example 1)

 $10~\mu l$ of the undiluted sample are acylated and the concentration taken from the standard curve is 0.02~ng/ml serotonin.

Correction factor = 100/10 = 10

Final concentration of the sample = $0.02 \text{ ng/ml} \times 10 = 0.2 \text{ ng/ml}$ serotonin

Example 2)

 $100~\mu l$ of the 1:100 prediluted sample are acylated and the concentration taken from the standard curve is 0.02 ng/ml serotonin.

Correction factor = 100

Final concentration of the sample = $0.02 \text{ ng/ml} \times 100 = 2.0 \text{ ng/ml}$ serotonin

Example 3)

 $10\,\mu l$ of the 1:100 prediluted sample are acylated and the concentration taken from the standard curve is 0.02 ng/ml serotonin.

Correction factor = $100 \times (100/10) = 1000$

Final concentration of the sample = $0.02 \text{ ng/ml} \times 1000 = 20 \text{ ng/ml}$ serotonin

Conversion

Serotonin $[pg/ml] \times 5.67 = Serotonin [pmol/l]$

Serotonin [pg/sample volume] x 5.67 = Serotonin [pmol/sample volume]

7.1 Quality control

The confidence limits of the kit controls are indicated on the QC-Report.

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8. Assay characteristics

8.1 Sensitivity

	Serotonin
Sensitivity	0.005 ng/ml x C* ⁴

C*4 = correction factor (refer to 7.)

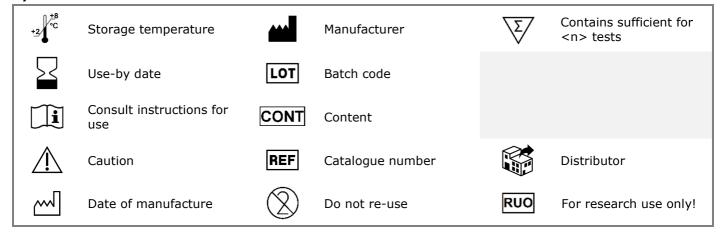
8.2 Specificity

Compound	Cross-reactivity (%)
Serotonin	100
Tryptamine	0.19
Melatonin	0.03
5-Hydroxyindole acetic acid	< 0.002
Phenylalanine	< 0.002
Histidine	< 0.002
Tyramine	< 0.002
5-Hydroxytryptophan	< 0.002

riangle For literature or any other information please contact your local supplier.

The liability of the manufacturer shall be limited to the replacement of defective products. The manufacturer takes no liability for any damages or expenses arising directly or indirectly from the use of this product.

Symbols:



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